

Do You See Your Child Showing Any of These Behaviors?

- Withdrawing from family, friends , and/or activities
- Changing friends
- Unexplained physical injuries
- Feeling sad
- Talking about suicide
- Defying authority, both at home and school
- Acting aggressively
- Hitting
- Lying
- Needing money without a good explanation
- Declining grades
- Back-talking staff

Are You Concerned about Your Child's Reaction to...?

- Recent death of a loved one
- Divorce of parents
- Family relocation
- A relationship problem
- Bullying
- Other traumatic event

How Does My Child Become Involved in the SAP Program?

Anyone can refer a child to the SAP team. Some students are referred by teachers or other school personnel. A friend or family member can also let the SAP team know that they are worried about someone. The child can even go directly to the SAP team to ask for help. Schools will gather information to determine how a student is doing in their classes. However, the SAP team will not proceed unless you give your written parent permission. Once permission is received, the SAP team will work with you to develop a plan of action to help your child achieve success in school. Participation in the program is voluntary.

What if Someone Has Referred My Child to SAP?

A SAP team member will contact you regarding your child's referral to the program. Before a SAP team member talks to your child, you will be asked to sign a permission form. The SAP team will work with you and your child throughout the process. As a parent, your knowledge and thoughts about your child will be helpful in developing a plan of action. If you need more information before making a decision about SAP, please feel free to talk to a SAP team member.

How Do I Contact the SAP Team?

If you have any questions about SAP or you feel that your child may need help, call your child's school and ask to speak with any of the following team members:

Edward Alexander, Principal
Samantha Conrad, Nurse
Nicole Barelich, Guidance
Tammy Boring, Special Ed

Ms. Edwards, Teacher
Mrs. Worthington, Teacher
Mr. Zamboni, Teacher



Privacy

The SAP team information is completely confidential and the team will respect you and your child's privacy at all times.

If you would like more information on SAP, go to your school website at

www.bvvsd.k12.pa.us.



School Based Therapy

Individual Counseling

- Alternative Community Resource Program (ACRP)-119 Walnut Street, Johnstown, PA 15901, 814.534.0745 ext. 5005
- Victim Services – 638 Ferndale Avenue, Johnstown, PA 15905, 814.288.4961

Group Sessions for Counseling

- Victim Services – 638 Ferndale Avenue, Johnstown, PA 15905, 814.288.4961
 - *Teens in Life* is a 13 week program that helps teens tackle every day issues related to risky behaviors in teens.
 - *Monthly Support Group* is utilized as a follow up to the Teens in Life program.
 - *Grief Group* is for students who have lost a loved one and is an 8 week closed curriculum-based on the Center for Grieving Children curriculum in Philadelphia but tailored for our local area.
 - *LGBTQ+ Group* is for teens with gender identity concerns.
- Alternative Community Resource Program (ACRP)-119 Walnut Street, Johnstown, PA 15901, 814.534.0745 ext. 5018

Other Resources

- Breathe PA Program
 - *Smokeless Saturday* - this is a teen education and cessation program for students found with tobacco and electronic cigarettes on school grounds.

Are You Worried About Your Child?

The Student Assistance Program (SAP) can help children experiencing barriers to learning.



What Is SAP?

A SAP team made up of school and agency staff is available to help you access school and community services for your child. In Pennsylvania, every school district is required to have a plan for identifying and assisting students who experience barriers to learning. Our school's Student Assistance Program team name is **SAP**.

The SAP team will help you find services and assistance within the school, and if needed, in the community. We DO NOT diagnose, treat, or refer your child for treatment. We will provide you with information and you make the choice(s) that best fit your needs and wishes. As the parent/guardian you are an important part of the team.